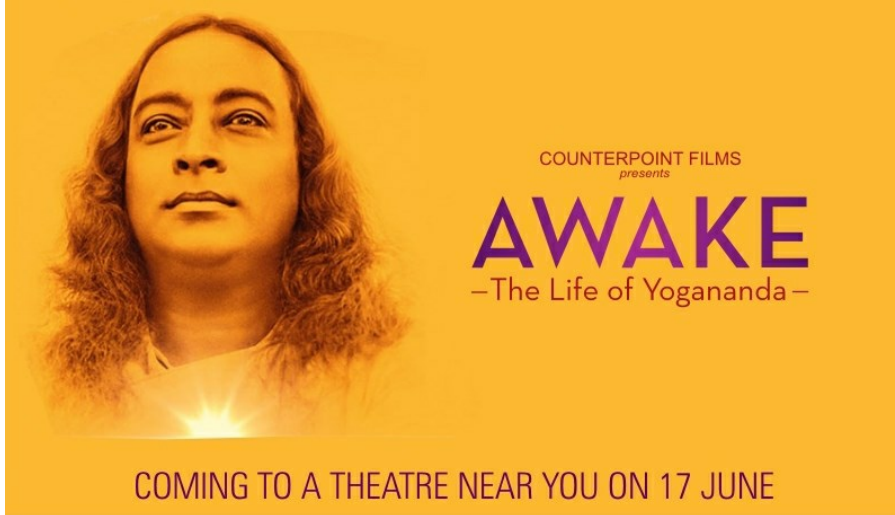


Upcoming Events at YSS Noida, Delhi, and Gurgaon

RELEASING on June 17 - 'AWAKE: The Life of Yogananda'



Jai Guru!

Welcome to the first edition of the **Yogoda Satsanga Sakha Ashram - Noida e-Newsletter**. We shall be sharing news from and about YSS Noida Ashram, YSS Delhi Kendra, and YSS Gurgaon Kendra through this letter which will be published once every two months. If we have some very important news to share, we may publish an extra edition in the interim also.

And in this first edition, we have some very exciting news to share with you.

On the occasion of the *International Day of Yoga*, we have a series of events lined up:

- 17th June - '**AWAKE**' opens in Delhi, Noida and Gurgaon theatres
- 19th June - Open House and Guided Meditation with Swami Ishwaranandaji (Noida)
- 19th June - Open House and Guided Meditation with Swami Ishwaranandaji (Delhi)
- 19th June - Open House and Guided Meditation with Swami Hiteshanandaji (Gurgaon)
- 21st June - Long Meditation to mark International Day of Yoga (Noida)

The Open House programme is for newcomers who are not yet YSS members. Please encourage your friends and acquaintances to attend this programme and learn about Kriya Yoga.

Recent events in NCR:

- TALK by Swami Vishwanandaji
- Gita Discourse by Swami Smarananandaji
- NEW Library Reading Room facility inaugurated at Gurgaon Kendra



RELEASING IN NCR THEATRES

Watch 'AWAKE' on the Big Screen

New Delhi: PVR Select City Saket; DT Vasant Kunj

Noida: PVR Logix

Gurgaon: PVR MGF

Visit BookMyShow.com for tickets

Guided Meditation and Open House in Noida

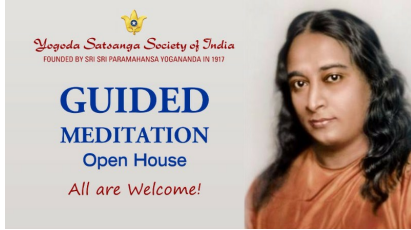
To commemorate the International Day of Yoga, [YSS Noida Ashram](#) will host an open house and a guided meditation session. Ideal for new comers, this session will be conducted by Swami Ishwaranandaji on June 19, from 9:30 to 11 a.m. It will be followed by refreshments.

*Session by Swami Ishwaranandaji
(at YSS Noida, June 19, 9:30 to 11 am)*



*Session by Swami Ishwaranandaji
(at Delhi Kendra, June 19, 5 - 6:30 pm)*

Guided Meditation and Open House in Delhi



Please encourage your friends and acquaintances to attend the Open House and guided meditation session that will be conducted by Swami Ishwaranandaji on June 19, from 5:00 pm to 6:30 pm at [YSS Delhi Kendra](#). Refreshments will be served after the session.

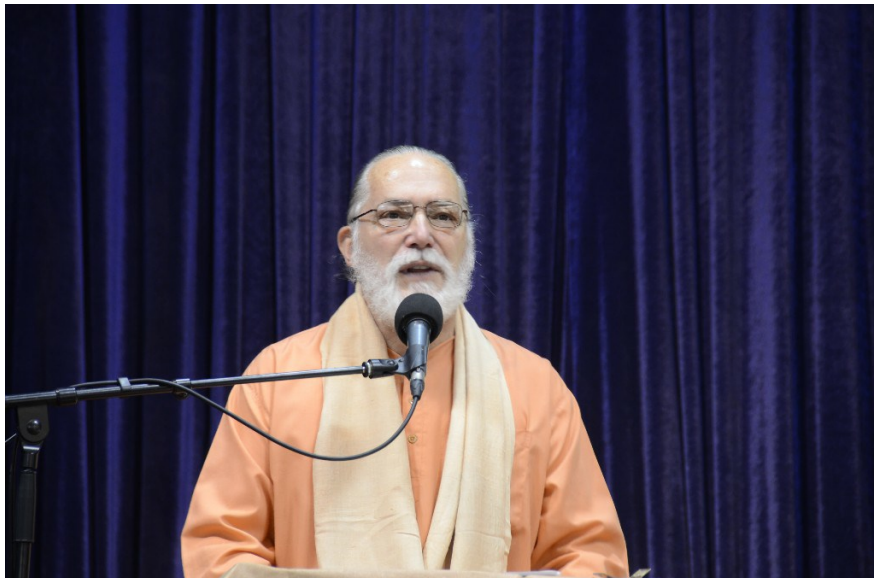
Guided Meditation and Open House in Gurgaon

[YSS Gurgaon Kendra](#) also will host an open house and guided meditation session led by Swami Hiteshanandaji on June 19, from 10 to 11:30 am. Please encourage your friends and acquaintances to come and benefit from this special event. Refreshments will be served after the session.

*Session by Swami Hiteshanandaji
(Gurgaon, Jun 19, 10 - 11:30 am)*



Recent Events in YSS Noida, Delhi and Gurgaon



Discourse by Swami Vishwanandaji

During his visit to [Noida Ashram](#) in April, Swami Vishwanandaji gave an inspiring Satsanga on *Practicing the Presence of God*. Drawing incidents from his own life, Swamiji explained that even the busiest person amongst us can remain connected to God and Guru by following certain simple devotional practices. The talk was attended by over 700 people.

Gita Discourse by Swami Smarananandaji

Swami Smarananandaji gave a two-day discourse on Gurudeva's commentary on the Bhagavad Gita 'God Talks with Arjuna' on March 5 - 6, at the [Noida Ashram](#). Swamiji summarized Bhagavan Krishna's message on the nature of the soul and the Path of Karma Yoga, given in Chapters 2 and 3 of the Bhagavad Gita.



The talk was attended by over 700 people including devotees and friends, and was followed by Guru Langar. An added attraction for devotees on these two days was a long meditation in the evenings on both days.



New Reading Room at Gurgaon Kendra

[YSS Gurgaon Kendra](#) has a new library reading room facility which was inaugurated by Swami Ishwaranandaji on May 29. The room located on the first floor will provide access to YSS literature for devotees and visitors.

2nd International Day of Yoga Programmes at YSS

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